



Bushey Fields Hospital



At the Trust we aim to deliver flexible, high quality, evidence-based services to enable people to achieve recovery.

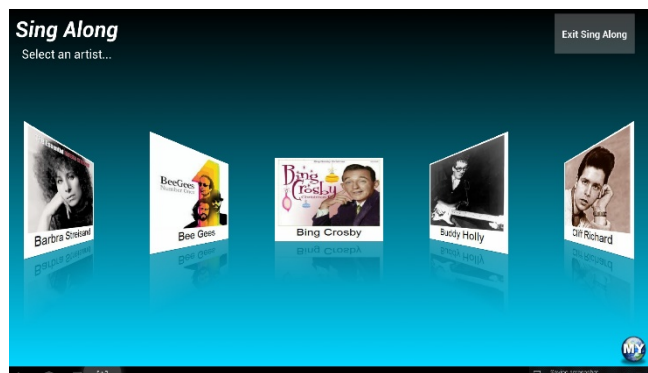
We provide a wide range of integrated mental health services to children, adults and older people across the communities of Dudley and Walsall.

Bushey Fields Hospital has two wards; **Malvern Ward** and **Holyrood Ward**, offering specialist assessment, care and treatment to people who are experiencing mental health difficulties over the age of 65.

The ward teams assist individuals, their families, carers and or significant others to understand the nature of their mental health difficulties by providing information and education along with practical and emotional support to achieve optimum recovery for an individual.

The principles of person-centred care are firmly embedded in our care philosophy to ensure that the needs of individuals are met.

- We recently introduced RITA technology onto Malvern and Holyrood Wards to embrace person-centred care as it has formed a platform for us to build care plans for 'at risk' patients which will impact part of the wider strategy of care.



Summary	Action	Outcome
Nutrition and Hydration – Patients not eating and drinking.	Introduced RITA, particularly around music.	The presence of music at meal times has created a better environment and patients are happier and more inclined to eat and drink. One lady was singing along to the hymns.
Poor Mood & Well-being.	Introduced dancing groups, which RITA was able to support through its unique music collection by Artist, Genre & Decade.	Mood and Wellbeing of many patients much improved as they joined in these sessions and socialised in group activities.
Isolated Patients .	Used RITA 1-1.	This therapy was used for those patients who were reluctant to engage in Group activities. It provided great encouragement to move them forward to engage in the group sessions.
Patients admitted under The Mental Health Act – Very unwell patients.	RITA was capable of enhancing the care provided.	It gives staff multiple options for enhanced care. This, as a consequence helps support wellbeing and also the environment in general.
Mobility & Getting Patients out of Bed.	Introduced the Armchair Exercise Programme supported by other activities.	Promotes patient activity which supports the work of the OT and also encourages them to move on and get involved in further activities.
Summary.	All Staff are using RITA across both wards incorporating 37 patients.	<p>It has been built into activity plans and is used for lots of individual work and also Ad-hoc group sessions. These support person-centred care plans.</p> <p>It has changed how people respond to their environment in a very positive way.</p> <p>Helps meet the needs of very unwell patients that are being admitted.</p>

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