



Support Worker Feedback

<p>What was the reason for using RITA?</p>	<p>A lady was anxious and agitated, so I used RITA to help calm her down. We used Welsh songs because the lady is a Welsh speaker.</p>
<p>What content did you use in RITA?</p>	<p>Welsh music which the lady in question recognised and sang along with.</p>
<p>What was the outcome?</p>	<p>The lady enjoyed listening to familiar music which helped her settle down and she then found it easier to communicate with staff.</p>
<p>What was the reason for using RITA?</p>	<p>To cheer residents up</p>
<p>What content did you use in RITA?</p>	<p>I used the quiz and we had two teams along with staff. It got residents thinking and interacting with each other.</p>
<p>What was the outcome?</p>	<p>The residents were cheered up and much happier.</p>
<p>What was the reason for using RITA?</p>	<p>A lady was distressed in the evening due to 'sundowning', so we offered her a drink and she sat down with the staff member and RITA.</p>
<p>What content did you use in RITA?</p>	<p>The aquarium app which she enjoyed and also war time songs which the resident is very fond of.</p>
<p>What was the outcome?</p>	<p>The resident was much more settled, a lot happier and enjoyed the distraction. This lady loves music!</p>
<p>What was the reason for using RITA?</p>	<p>A gentleman on one of the households was a bit down.</p>
<p>What content did you use in RITA?</p>	<p>Started as 1-1 ended up as a group.</p>
<p>What was the outcome?</p>	<p>The gentleman is from Belfast so we went onto the map with black and white pictures of Belfast and talked about his time growing up there. After a while his mood really cheered up. Then a few more residents joined in and it was a great activity.</p>

