



Elm Villa is a care home providing accommodation and personal care for up to 10 people aged 65 years or over. Residents receive a good service at Elm Villa with a high standard of care.

Residents relate well to and have positive relationships with staff and are encouraged to make choices and their decisions are respected by staff. Opportunities to be positively occupied are available to suit people's needs and preferences. Residents' spiritual and Welsh cultural needs are acknowledged and supported.

Question	Answer
Has the RITA system in your opinion improved the mental health and wellbeing since the RITA system has been introduced?	Yes
Has the RITA system created a calmer environment and improved wellbeing?	Better
Have incidences of challenging behaviours reduced since RITA was introduced?	Yes. We find that Residents love the calming music. We tend to put this on at mealtimes. They love the activities and quizzes and because they are engaged and enjoying the moment, they seem less anxious and bored
Has RITA improved residents engaging in group work activity resulting in greater stimulation & confidence?	Extremely effective - Pig Racing and Horse Racing loved by everyone. Great fun. Quizzes - everyone gets involved including staff
Has engagement and interaction with family members and friends improved since using RITA by residents?	Better - We hear Residents telling their families about the group activities especially and how much fun they had. It gives Residents something to chat about with their families and its lovely to hear them recall how much fun they had
Has RITA system Improved mental health and stimulation after residents have returned from hospital/medical treatment and aided their recovery?	Very effective - We have found that using the Rita on a one-to-one basis in a Residents bedroom to be very rewarding. Residents who are on end of life and spending more time in bed and have enjoyed the calming music and have engaged in conversation with staff about their own memories
Have you seen an improvement in food and fluid intake by residents using the RITA system?	Yes - We find that the music at mealtimes stimulates conversation and we see residents enjoying the music. Appetite is improved

"Very valuable to the home. We only have the mini-RITA but we can sync with Smart TV for group activities which does improve the overall experience."