

## Queens Cross Carers Hub



Located at Queens Cross Network, Dudley, the hub offers information, advice and a range of support to anyone caring for a family member or friend.

Many people who provide care often do not recognise themselves as a carer and are therefore unaware of the support available to them.

We aim to empower carers to make informed choices and provide specialist advice and support.

*“Through using this service, we demonstrate to our unpaid carers how RITA operates and how it can enrich the lives of the people who they are caring for in the comfort of their own home.”*

### Family Carer feedback

Improved Hand Eye Co-ordination	One carer saw a noticeable improvement in her husband’s hand eye co-ordination whilst using RITA. As time progressed and he became more familiar with the system, he would engage further with the RITA system and enhance his fine motor skills.
A Family Affair	One carer didn’t feel ‘tech savvy’ enough to use RITA with confidence on her own. However, through using the Zoom function on RITA, she was able to incorporate the family for extra support. Together, they completed a collage passport to highlight all the likes, dislikes and life of the service user.
Calming Mood	One carer reported that the music and karaoke functions have been popular with their service user. They also shared that the Aquarium feature has a “calming affect” and reduces agitation.
Enhanced Independence	One carer was able to safely leave her husband on his own for approximately 20 minutes whilst she did another task within the home. RITA offered plenty of engagement and stimulation which provided her husband with independence without the requirement of his wife by his side at all times.

