

Tamworth Court

Challenging Behaviours

We have one resident who requires 1-1 support for 12 hours a day due to his condition. RITA has become a part of his care plan as it offers him with effective, person-centred stimulation and the staff are able to engage him with the meaningful activities that RITA has to offer.

Food and Fluid Intake

We have started to introduce RITA at every mealtime. More specifically, we play a selection of music from the vast library that RITA offers. Due to music therapy having such a positive impact on the residents, RITA has become a daily fixture playing in the background. This makes mealtimes a more enjoyable time and promotes good nutrition and hydration amongst the residents.

Mental Health and Wellbeing

We have two residents, who from time to time, feel low in their moods. Whilst we can't always identify the triggers for why their moods decline, we are able to effectively distract each resident with an activity from RITA. Spirits are then raised and mental wellbeing is lifted.

Environment and Social Engagement

We like to ensure that all our residents can experience and engage with RITA. We have some residents who are in their bedroom for long periods of time. This may be down to their choice, due to needing to isolate or due to health reasons. Due to the mobility of RITA, we are able to wheel the large screen into a bedroom, or for more personable 1-1 time, we can utilise the Baby RITA. That way, all residents are included and able to enjoy the wide range of activities that the system has to offer.

There are many activities that the residents enjoy participating in when it comes to group work. The Chairobics and Quizzes are the most popular choices amongst the residents. These activities have a social benefit and really enhance the atmosphere in the home.



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